

The 26th All Japan Speed Skating Single Distances Championships (Draft)

Day 1

as of 10 Oct. 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 60'00	60'00		8:28	9:28
Ice preparation						20'00	9:28	9:48
Warm-up (for Jr)				1 x 30'00	30'00		9:48	10:18
Ice preparation						20'00	10:18	10:38
Ladies	Jr	500m	17	9 p x 01'45	16'00		10:38	10:54
<i>Change system</i>						02'00	10:54	10:56
Men	Jr	500m	19	10 p x 01'45	18'00		10:56	11:14
Ice preparation (race lanes)						12'00	11:14	11:26
Ladies	Jr	3000m	13	4 q x 06'00	24'00		11:26	11:50
Warm up (for SD)		(Opening Ceremony)		1 x 40'00	40'00		11:50	12:30
Ice preparation						20'00	12:30	12:50
Ladies	SD	500m	22	11 p x 02'10	24'00		12:50	13:14
Ice preparation (race lanes)						12'00	13:14	13:26
Men	SD	500m	28	14 p x 02'10	30'00		13:26	13:56
Ice preparation		(Flower giving - 500m)				20'00	13:56	14:16
Ladies	SD	3000m	22	6 p x 05'30	33'00		14:16	14:49
Ice preparation (race lanes)						12'00	14:49	15:01
Ladies	SD	3000m		5 p x 05'30	28'00		15:01	15:29
Ice preparation		(Flower giving - 3000m)				20'00	15:29	15:49
Men	SD	5000m	24	6 p x 08'00	48'00		15:49	16:37
Ice preparation (race lanes)						12'00	16:37	16:49
Men	SD	5000m		6 p x 08'00	48'00		16:49	17:37
						03'00	17:37	17:40
Ice training		(Flower giving - 5000m)		1 30'00	30'00		17:40	18:10

SCHEDULE WITH ALL RESERVED

The 26th All Japan Speed Skating Single Distances Championships (Draft)

Day 2

as of 10 Oct. 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 60'00	60'00		8:30	9:30
Ice preparation						15'00	9:30	9:45
Warm-up (for Jr)				1 x 30'00	30'00		9:45	10:15
Ice preparation						20'00	10:15	10:35
Ladies	Jr	1000m	17	9 p x 02'30	23'00		10:35	10:58
Change system						02'00	10:58	11:00
Men	Jr	1000m	17	9 p x 02'20	21'00		11:00	11:21
Ice preparation (race lanes)						12'00	11:21	11:33
Men	Jr	3000m	21	6 q x 05'30	33'00		11:33	12:06
Warm up (for SD)				1 x 35'00	35'00		12:06	12:41
Ice preparation						19'00	12:41	13:00
Ladies	SD	1000m	27	14 p x 02'30	35'00		13:00	13:35
Ice preparation (race lanes)		(Flower giving - 1000m)				20'00	13:35	13:55
Men	SD	1000m	33	17 p x 02'15	38'00		13:55	14:33
Warm up (for MSR)		(Flower giving - 1000m)		1 x 10'00	10'00		14:33	14:43
Ice preparation						20'00	14:43	15:03
Ladies	SD	Mass start	16	1 h x 10'00	10'00		15:03	15:13
Change system						05'00	15:13	15:18
Men	SD	Mass start	16	1 h x 10'00	10'00		15:18	15:28
						03'00	15:28	15:31
Ice training		(Flower giving - Mass start)				30'00	15:31	16:01

SCHEDULE WITH ALL RESERVED

The 26th All Japan Speed Skating Single Distances Championships (Draft)

Day 3

as of 10 Oct. 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 60'00	60'00		7:02	8:02
Ice preparation						16'00	8:02	8:18
Warm-up (for 1500m)				1 x 30'00	30'00		8:18	8:48
Ice preparation						20'00	8:48	9:08
Ladies	Jr	1500m	20	5 q x 03'45	19'00		9:08	9:27
<i>Change system</i>						02'00	9:27	9:29
Men	Jr	1500m	22	6 q x 03'30	21'00		9:29	9:50
Ice preparation						20'00	9:50	10:10
Ladies	SD	1500m	30	15 p x 03'15	49'00		10:10	10:59
Ice preparation		(Flower giving - 1500m)				20'00	10:59	11:19
Men	SD	1500m	34	17 p x 03'00	51'00		11:19	12:10
Warm up (for Long distances)		(Flower giving - 1500m)		1 x 30'00	30'00		12:10	12:40
Ice preparation						18'00	12:40	12:58
Ladies	SD	5000m	12	3 p x 08'30	26'00		12:58	13:24
Ice preparation (race lanes)						12'00	13:24	13:36
Ladies	SD	5000m		3 p x 08'30	26'00		13:36	14:02
Ice preparation		(Flower giving - 5000m)				20'00	14:02	14:22
Men	SD	10000m	12	3 p x 14'30	44'00		14:22	15:06
Ice preparation (race lanes)						12'00	15:06	15:18
Men	SD	10000m		3 p x 14'30	44'00		15:18	16:02
						05'00	16:02	16:07
		(Flower giving - 10000m)				05'00	16:07	16:12
SCHEDULE WITH ALL RESERVED								